



Houghton Valley School
INSPIRATION, CHALLENGE, ACHIEVEMENT
TE HIRINGA, TE WEROHIA, TE WHAKATUTUKITANGA

HEALTH and HAUORA SURVEY

Dear Parents and Caregivers

As part of our school's Health and Physical Education consultation, we ask you talk to your children about the things they learn in these areas. This curriculum has seven key areas of learning which are listed below with some of the things we teach now under these headings. Please tick the boxes to show whether you think it is 'Not So Important', 'Important' or 'Very Important'.

Then add any ideas or comments you have about topics you think we should be including.

Class/classes of your child/children _____

Key Areas of Learning	Not So Important	Important	Very Important	Comments/Thoughts
Mental Health e.g. feeling good about yourself, getting on together, fairness, anti-bullying, looking after others				
Body Care and Physical Safety e.g. caring for our bodies, keeping safe around physical hazards, sleep and rest, road safety				
Sexuality Education e.g. body image, equality, self respect, friendships, rights and responsibilities, body changes				
Food and Nutrition e.g. healthy eating, cultural foods, food choices				
Physical Activity e.g. movement, daily fitness, athletics, dance, ball games, sports, , swimming and aquatics, cultural activities				
Sports Studies e.g. playing and enjoying sport, knowing when to compete and when to co-operate, SPARC Fair Play Charter, the Olympics				

Key Areas of Learning	Not So Important	Important	Very Important	Comments/Thoughts
Outdoor Education e.g. using the local outdoor environment, walks, trips, camps				
Kia Kaha Programme This identifies the causes of bullying and how to deal with it				
Life Education Programme When the Life Education caravan visits the teacher (and Harold the giraffe) works with classes on a variety of health themes, which encourage healthy choices and personal responsibility				
Keeping Ourselves Safe Programme This provides children with ways to stay safe in any situation where there is risk. It also gives suggestions about what a child should do if he/she needs to seek help				
Sunsmart emphasis This shows children how to stay safe in the sun				

QUESTIONS:

1) Are there any health topics that have not been mentioned that you think should be included as part of the HVS health programme?

2) Would you be interested in attending an evening meeting to feed back or discuss the outcomes or content of this survey? If so, please write your name and phone number or email address.

Any other comments:

PLEASE RETURN TO SCHOOL BY FRIDAY 29 MAY 2009